2025 FEDVIP

United **Concordia**
dental℠

Your dental plan includes Smile for Health®–Wellness
A healthier smile can mean a healthier you.

Smile for Health®–Wellness provides more coverage for treatment of gum disease for members with certain chronic medical conditions. Gum disease is a health risk for everyone, but if you have it with one of the conditions below, it can be harder to control.

You're eligible for more dental benefits if we have a record that you have gum disease and any of these medical conditions:

- **Diabetes**
- **Heart disease**
- **Lupus**

- **Oral cancer**
- **Rheumatoid arthritis**
- **Stroke**

- **Organ transplant**

Professional dental care is needed to treat and stop gum disease from getting worse. Smile for Health®–Wellness can make it more affordable to get proper gum disease care, which in turn may help improve your overall health.[1]

Smile for Health®–Wellness conditions
Learn how these conditions affect your oral health.

Heart disease

Gum disease and heart disease are both linked to inflammation in your body.[2] They also share some of the same causes, like getting older, eating poorly and tobacco use. You can help improve your overall health by eating better, quitting tobacco and taking care of your teeth and gums.

Rheumatoid arthritis

Gum disease and rheumatoid arthritis are connected in several ways. Bacteria in your mouth could be involved in developing rheumatoid arthritis, and bacteria from gum disease can lead to joint inflammation. If sore joints make brushing and flossing difficult for you, talk with your dentist.[3]

Diabetes

One in three people with diabetes has serious gum disease.[4] People with diabetes who don't manage it well are more likely to get gum problems. This can make their diabetes worse. That's why it's important for people with diabetes to keep their teeth and gums as healthy as possible.[5]

Organ transplant

After getting a new organ, you'll take special medicines to help your body accept it. These medicines make it harder to fight off germs, including in your mouth.[6] Four out of five transplant patients get at least one oral infection.[7]

Stroke

People recovering from stroke should talk with their dentist if they find it harder to brush, floss and rinse. Brushing less can lead to dental problems, like gum disease.

Cancer of the mouth

Some cancer medicines can cause dry mouth, which makes it easier to get cavities. These can cause bigger problems and even make your treatment take longer. It's important to see your dentist regularly to keep your mouth healthy and help your cancer treatment go smoothly.[8]

Lupus

About 1.5 million Americans have lupus. Many of them will have mouth problems. Some lupus medicines can cause sores, dry mouth and even bone damage.[9, 10]

Sources:

1. Jeffcoat MK, Jeffcoat RL, Gladowski P, Bramson JB, and Blum JJ. Impact of Periodontal Therapy on General Health; American Journal of Preventive Medicine; 2014.
2. Dental Health and Heart Health; American Heart Association; December 2013.
3. Rheumatoid Arthritis and Gum Disease; Arthritis Foundation.
4. What Dental Professionals Would Like Team Members to Know About Oral Health and Di-abetes; Centers for Disease Control and Prevention.
5. Oral Health and Hygiene; American Diabetes Association, September 2012.
6. Organ or Stem Cell Transplant and Your Mouth; National Institute of Dental and Craniofa-cial Research, April 2015.
7. Organ or Stem Cell Transplant and Your Mouth; National Institute of Dental and Craniofa-cial Research, April 2015.
8. Dental Preparation for Patients with Head and Neck Cancer Prior to Radiation Therapy; The Oral Cancer Foundation; September 2016.
9. Treating Patients with Lupus; Dimensions of Dental Hygiene; October 2013.
10. Another Lupus Challenge: Caring for Your Mouth; Lupus Research Alliance.

Take advantage of Smile for Health®–Wellness

Step 1   ## Register your medical condition(s).

- **Log in to your** *MyDentalBenefits* **account at uccifedvip.com/login.** If you don't have an account, you can create one using the member ID number listed on your United Concordia card, or by using the Social Security number of the contract holder.

- Click the **Wellness** tab in the top menu.

- Click +**Add New Condition** and complete the fields as prompted.

- Your condition status will show as **ACTIVE** to confirm your activation.

If you prefer to verify or register a condition by phone or need help with logging in or registering online, call our customer service team at 1-877-394-8224.

Once registered, talk to your dentist about what (if any) additional services you may need to keep your mouth as healthy as possible.

Step 2   ## Take the information on the following page to your next dental appointment.

Tell your dentist that you have Smile for Health®–Wellness coverage and present the list of covered services on the next page. Your dentist can detect if you have gum disease and recommend what (if any) additional procedures you may need to keep your mouth as healthy as possible.

Dentist form

Attention dentist: Your patient has Smile for Health®–Wellness.

United Concordia Dental's Smile for Health®–Wellness benefit provides additional coverage for members who have the following health conditions and gum disease:

- **Diabetes**
- **Heart disease**
- **Lupus**
- **Oral cancer**
- **Organ transplant**
- **Rheumatoid arthritis**
- **Stroke**

As a United Concordia member with one of the medical conditions listed above, your patient may be eligible to receive full coverage on the services below.* The covered amount for these services is 100%. Standard frequency limits, annual maximums and other plan details apply.

ADDITIONAL SERVICE (PLAN PER YEAR) with Current Dental Terminology (CDT) Codes
D4910: Periodontal maintenance – one additional procedure above standard plan's limit
D4346: Scaling in presence of generalized moderate or severe gingival inflammation – full mouth, after oral evaluation
D4341: Periodontal scaling and root planing – four or more teeth per quadrant **D4342: Periodontal scaling and root planing – one to three teeth per quadrant**
D4240: Gingival flap procedure, including root planing – four or more contiguous teeth or tooth bounded spaces per quadrant **D4241: Gingival flap procedure, including root planing – one to three contiguous teeth or tooth bounded spaces per quadrant** **D4260: Osseous surgery (including elevation of a full thickness flap and closure) – four or more contiguous teeth or tooth bounded spaces per quadrant** **D4261: Osseous surgery (including elevation of a full thickness flap and closure) – one to three contiguous teeth or tooth bounded spaces per quadrant**

*As demonstrated by clinical documentation.
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To confirm your patient's coverage, log in to *MyPatientsBenefits* at uccifedvip.com/MPB.
For questions about Smile for Health®–Wellness, call 1-877-438-8224.